

Feedback on the

Right to Wear White Weekend

"I loved the Galla Ball and the self-confidence activities. I think that the wonderful talks helped me think differently about marriage." **-Katherine, 14**

"I believe that The Right To Wear White retreat gave me a deeper understanding of what purity is. I understood so much more about my mother and learned to appreciate her more." **-Emily Speur, 14**

"Why my mom should come? She is a great person who I care for, great example for young ladies. She is the only one who can drive safely!" **-Deah Jones, 12**

"The most fun thing to do with my mom was getting her ready for the gala ball. Best part of the retreat was everything. The friends that I made were Kimberley." **-Erica Dzus, 17**

"I think it is awesome to stay abstinent until marriage. The RWW inspired me to go to the silvering thing which is another course for abstinence. Except... I lost my silvering.. sshh" **-Christy Dzus, 16**

"Volunteering helped me to realize that God gives second chances to his children by gracing his daughters with husbands who respect their choices. He does wonderful things through this retreat by preparing his daughters to embrace his sons." **-Courtney Palmer, 25**

"When I read 1st Peter 3:10 it really spoke to me on how people speak evil and it spoke to me how not to speak evil." **-Belinda, 15**

I promise to live a life which is marked by purity and respect for all people.

I promise that if I happen to fall away from this ideal I will acknowledge my mistakes and again rededicate myself to this commitment.

I promise to continue growing in my knowledge of and desire for chastity, sharing my convictions with my friends, my family and others.

I acknowledge that true freedom and happiness come to those who live deliberately; and so from this day forward I accept responsibility for my thoughts, my actions, and the way I treat others.

Date: _____

Signature: _____

PURITY 101

WHAT I WISH
MY MOM WOULD
HAVE TOLD ME

*A GREAT RESOURCE FOR LADIES
OF ALL AGES*

*— BEST SHARED BUT
CAN BE READ ALONE.*

Dawn Magee

Magee, Dawn

Purity 101: What I wish my Mom would have told me

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Watch for Purity 102 to be released in early February of 2012 which can be purchased on our website righttowearwhite.com or by calling 1-800-563-4276 and asking for Dawn Magee

Dedication

To all the Beautiful young ladies and their moms who have attended The Right to Wear Right weekend and all those who will attend in the future. This is written for you.

Acknowledgements

This devotional wouldn't be possible without the following people;

First our amazing Lord who put a simpleton (me) hand to pen to share His message.

To my husband who without his love, support, theological knowledge adding scripture and ensuring content and his patience this would not be possible.

To my amazing Granddaughter for her inspiration for her mom who spent her free time to edited and format all content.

To Laura the daughter of my heart who has journeyed every step with me from the first day of the Right to Wear White to writing this devotional.

To our awesome sons Cory and Ian for their support and prayer.

To Trish who started my journey to purity.

To my parents who taught me things in their own ways.

Introduction

This devotional has been designed for women of all ages in search of their purity. It is a tool to help you achieve that quest. Although the questions indicate mom's and daughters (remember, mom's and daughters of any age it is never too late to communicate) you can read this with a friend or by yourself. Spend about 20 minutes together or alone focusing on a topic, discussing it, making an agreement and then praying . I have one suggestion that I have learned from spending many evenings with my granddaughter. The best time for you to get kids to talk to you is before bed. They don't want to go to sleep and end the day; so if you take the time with them then, you will see what I mean.

Create in me a pure heart, O God, and renew a steadfast spirit within me. Psalms 51:10 NIV

My prayer is that God will speak to you while you share this devotional together.

Dawn Magee

You, not anyone else, are going to make the Final Decision!

“But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your forefathers served beyond the River, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the LORD.”

Joshua 24:15 NIV

My first question for you is why are you reading this devotional? I'll bet I can tell you why; your mom said you had too. Well I'm going to ask you, just for a minute, to declare you cannot make mom because I want to read this devotional!!!

Why am I asking you this? Well at our retreats 90% of the girls that come, come kicking and screaming saying they do not want to go. By the end of the weekend 100% of the girls indicate that they had a great time and lots want to come back. Let me tell you why: because we have fun, because we show them love, because we do not judge them, and because they learn something that is valuable for their life.

You must realize that as you come of age someone or something (a group or philosophy) is going to set a standard of, or lack of, purity for you. A standard does not mean straight jacket. A standard is a set of moral and social guidelines that you set for yourself, yes yourself. You will have valuable input from family and friends but they cannot make you do anything. It is up to you what input you take in. We pray for God to guide and direct you, for that is where it all starts.

"Talk Time"



Mother's Question: *What was one of the hardest decisions you had to make? Is there something you would have done differently? What do you feel was a good decision you made?*



Daughter's Question: *What is one area you struggle in making decisions (it could be what friends will think or perhaps just not knowing what to do)?*

Agreement: Below write the things you are to do to help each other (yes mom if you want your daughter to come to you when they need an outside view of the situation then you need to trust them to speak into your life as well).

Prayer: Dear Heavenly Father, we know that the best place to go for input on our decisions is to You. Help us always to seek You first before we look anywhere else. Mom – Thank you Lord for the mind you have created in my daughter; help me to respect and trust her. Daughter – Thank you Lord for my mom; help me always to remember that she has wisdom You have imparted in her which is important to my future. Help me to listen and know she loves me and only wants the best for my life. Amen

What is Purity?!?

“The Spirit himself testifies with our spirit that we are God’s children.”

Rom 8:16-17 NIV

For the next little while we are going to look at what Purity means. So let’s start with the dictionary definition **Freedom from guilt or the defilement of sin; innocence; chastity; as, purity of heart or of life.** Then I’m going to say this is way over my head and start breaking it down.

Your purity does not go way after you are married and have a physical relationship with your husband. You will keep your purity all your life. Purity began at the day of your birth and is a gift; please know if you have given that gift away in any form, you can claim your purity back today. You only have to pray and ask Jesus to recreate that gift in you, and help you to guard it from this day forward. As we say at our retreat Purity is a decision then followed by actions.

Let’s first look at who you are; spirit body and soul.

You are a Spirit

We are made pure (Holy which means set apart) from the inside out. What do you think is inside of us? Yeah, okay, you are right, our blood, water and all our organs. But there is so much more, let start with our spirit. Ah, you say spirit what is that? Proverbs 20:27 says the spirit of the man is the candle of the Lord. Our spirit is where our faith, hope, and reverence exist and where our prayer and worship come from.



How do we keep our spirit pure?
Spend your time on the things of God:
prayer, worship and reading scripture.
Believe me when I say everyone, even your
mom and dad, need help in achieving this.

Day 2

Our spirit is sometimes also referred to as our heart. This is the part of us that communicates with God. This part of us was dead at birth, because of the inherited sin from Adam and Eve. When we become “born again”, our spirit is connected with the Holy Spirit and it becomes alive.

Before we are born again we are ruled by either our body (physical desires), or by our soul (our intellect, our emotions and our will). When we become born again, our spirit comes alive and communicates with God. God’s desire for us is that we would be ruled by our spirit, by what we receive from God, rather than our body or our soul. Having our spirit man come into a place of dominance in our life is a process.

Okay, so this sounds way too deep. All you have to remember for now is your Spirit connects you to God so you can talk to him. It is sort of like your cell phone to God; you can text or talk to Him any time you want.

“Talk Time”



Mother’s Question: *Tell your daughters about a time when you really needed to talk to God. How did you know when he answered? Did you follow his instructions?*



Daughter’s Question: *Okay... fill your mom in on the most important talk you had to have with God and what His answer was. Did you follow His instructions?*

Agreement: fill in the blanks below for the accountability statement for the time you each will take to speak to God daily. We (your signatures) _____ & _____ agree to spend time each day talking with God just as we would have a conversation with our best friend.

Prayer: Dear Heavenly Father show us how to hear your small still voice and be obedient to what you tell us. Even if it may be difficult to do we will always put your will first. Amen.

Purity of your Spirit

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Galatians 5:22-23 NIV

The question now is how do we keep our spirits pure? I believe the quest is to feed your spirit all that is good. This I can tell you from my own experience is not an easy task. The reason is, it takes time. So I have a few questions for you. How much time did you spend this week on the following activities:

1. Reading – leisure, school or business related (yes mom you have to answer too).
2. Visiting with friends either in person on the phone, or yes girls, texting.
3. Watching TV or movies.
4. Playing a sport.
5. Spending time with your family
6. Visiting with God (prayer, reading the bible or devotionals, worshipping in song or attending church).

Over the past years I have worked very hard at spending more time with God and family. It isn't always easy but the rewards are invaluable. I receive gifts which are the fruits of the spirit found in the above passage. An example of this would be the difference in the way I spend time with my granddaughter and the way I spent time with my son. In the first 10 years of my sons life I was not a Christian.

There are many things I wish I could change but one I wish I could change most of all is where my spirit was with joy, peace and patience. See when Cory was little I was living in my flesh everyday working to make myself look so good on the outside. In doing this my focus wasn't my son and God "which by the way God's desire is Him first then family not work and other people" so my joy, patience and peace was spent in all the wrong areas.

Now that my Spirit is right with God, my first desire is to spend time with him and then my family and all reap the benefits of that I can

Day 3

see it most in the time I spend with my granddaughter when she is there it is just her, me and God and He is all love. This is when I know my spirit is pure; when I see these fruits present. And believe me, I'm not always patient, kind, good, faithful, gentle, nor do I always possess self-control, peace, joy or exude love or feel loved but I have promised God that I will not give up.

"Talk Time"



Mothers' Question: *Share with your daughter why spending time with God and family is such a struggle for you as a mom/ or perhaps you do this well why?*



Daughters' Question: *What is the area that takes up most of your time? Do you think maybe that needs to change or are you on the right path?*

Agreement: We (your signatures) _____ & _____ agree to set times every day that are just for ourselves, family and God. and to keep each other accountable through loving reminders.

Prayer: Dear Heavenly Father, we want to make You the most important part of our lives and then our families. Show us how, and forgive us when we don't make You or them a priority. Amen.

You are Soul - typically described as being made up of the mind, will and emotions.

Your Mind

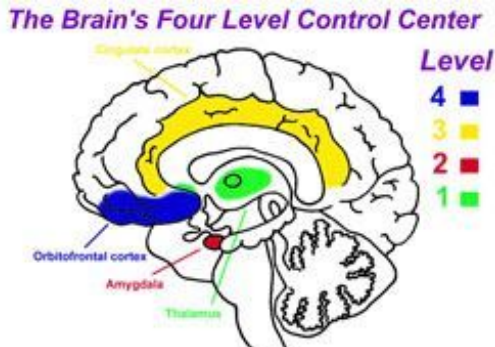
Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2 NLT

Let's first look at your mind which as we know it comes in the form of your brain. Below you will see a diagram of a brain.

At the center of a cell is the DNA. The strange thing is that a cell with DNA can be part of a flower, a cow, yeast, fish or a person. At the center of a computer is a processor chip (CPU.) Our control center in our right-brain is similar to DNA and processor chips. The control center function is the same in everyone; but, depending on what went wrong, control center problems can appear in many forms.

This may seem really confusing, and it is, but all of us, even a brain surgeon, would need to be God to completely understand the total design of our brain.



So, let me ask you this, if our brain is like the control center of a computer do you think what we put in our brains is important? Think of it this way, I am typing this devotional into my computer and when I finish I'll save it. Once I do this the information I changed is saved. When I open it again will it change? No. Why? Because I am the imputer; I have

Day 4

control. This is much like your brain; whatever you hear or see will be filed away into your brain. You may think, "I can't remember what I did yesterday, so how can that be?" I can attest to things I thought I had forgotten as a child, they have come back to me. Sometimes not in the form of a memory, but in an action or reaction. If you chose to look at or listen to things that aren't healthy for your brain and don't help you to be the person YOU WANT TO BE I can guarantee that you will struggle at achieving any goals you set for yourself.

One of my observations when I was young: on TV husbands and wives didn't even sleep in the same bed not because years ago all married couples didn't sleep together but, because it was not appropriate for the viewing audience. Now think of some of the things you see on TV (I won't describe it as I don't believe it is appropriate for any audience). We are becoming more and more tolerant of inappropriate material and as we do we sink further and further into the overwhelming statistic that the population views people (especially women) as sexual objects instead of creations of God, precious with our own minds, spirits and souls.

"Talk Time"



Mother's Question: *Tell your daughter what you struggle with in regards to what you have seen or heard in the past or perhaps there is something even today that you wish you hadn't heard or seen*



Daughter's Question: *So what do you think is the toughest thing you may need to give up...a TV show, some music you listen to? Take a minute and really listen to the lyrics of every song you listen to.*

Agreement: We (your signatures) _____ &
_____ agree to give up listening to and watching things that don't glorify God or ourselves and keep each other accountable to our promise made here.

Purity of your Mind

Let the Spirit renew your thoughts and attitudes. Put on
Prayer: Dear Heavenly Father help us to guard our senses to only
your new nature, created to be like God - truly righteous
and holy. Amen

Ephesians 4:23-24

I believe the hardest work in your purity walk will be keeping your mind pure. Today we are so bombarded with all different forms of media all speaking impure messages.

Take a minute and look around you. If you're driving, there are billboards; **my granddaughter very often points out a billboard and says "grandma that is inappropriate I don't want to look."** There are company signs, girls wearing skirts way too short and tops showing way too much.

The young men we mentor are taught the principle of bouncing their eyes. I feel especially heartbroken for our young men. God created them more physical than emotional so once they see these things their minds go further than they would ever want to. That's why bouncing their eyes works, we tell them to immediately take their eyes off what they're looking at and focus on something that does not create impure thoughts. Girls, you can use this principle too and you should.

Tell me, would you open your home and welcome someone in who you knew would do harm to you and your family? The answer is no. Well think for a minute; you have done that, you have allowed people to perform inappropriate acts or wear inappropriate clothes right in your living room on your TV set. Anyone can enter your home through your computer. Okay I am not saying TV and computers are bad, I use the computer for a lot of my research for this devotional; but type in purity and see what comes up. All I am saying is, daughters and mothers, the old saying is see no evil, hear no evil, do no evil. A little harsh perhaps, but a pure mind is a wonderful gift we can give ourselves and our God.

"Talk Time"



Mother's Question: *Tell your daughter about some of the areas from the past where your mind has taken in information that is not pure and the struggle that has caused you even up until today.*



Daughter's Question: *Well, perhaps it is time to fess up. Have you allowed something to get into your mind that affects you even today? Talk about it with your mom, she'll understand.*

Agreement: We (your signatures) _____ & _____ know the truth now of how important what we allow into our minds is and we will practice bouncing our eyes or avoiding impure images or sounds.

Prayer: Dear Heavenly Father show us how to avoid or turn away from impure thoughts and information. Show us how we effect others in things we do which are impure. Amen.

Soul – Emotions

Like a city whose walls are broken down is a man who lacks self-control.

Proverbs 25:28 NIV

All our lives we will feel emotions, we will feel happy, sad, mad, and sometimes just completely out of control. God created us and He gave us emotions, so feeling these things are normal. As women most of our lives will be ruled by emotions. That is because God created woman to be a nurturer, and to accomplish this we need to feel and to have intuition.

When you were a child, emotions were hard to understand and even more difficult to express. In helping raise our granddaughter we watched as seemingly small incidents such as spilling something would lead to emotional outbursts. But in taking the time to talk it through, we would find that during the events of her day more things had upset her which led to this outburst. With the help of her amazing mom and as she grew older she learned ways to handle the small incidents during her day so these emotions were better controlled.

Part of growing up is learning that you are in control of your emotions and how you let them control your environment. Let me clarify, because none of us by ourselves can control our emotions, we need the help of the Holy Spirit to accomplish this.

There is one emotion that seems to get to me most times that is the one of disappointment. Did you know that disappointment is created by feelings of surprise plus sadness? Because of my personality the feeling of surprise comes from the fact that I believe things no matter what the cost should be done when you say you will do it, no spontaneity allowed. Unless you're dead you have to do what you have committed to. In my case sadness comes from feeling you and/or I have missed out on something. I need the Holy Spirit to temper this or whenever someone comes late for dinner my disappointment will eat away at my relationships.

"Talk Time"



Mother's Question: *Tell your daughter about a time when you really blew it with an emotional outburst. How about a time when you blew it with your daughter? Talk about what would have been different if you had spent time with say a quick prayer and had asked for the help of our Holy Spirit.*



Daughter's Question: *Tell your mom what emotion is the hardest for you to deal with. For example: anger, envy, and sadness or maybe fear? Talk about how you could work with your mom and the Holy Spirit to find a better way to handle this area of your emotions.*

Agreement: We (your signatures) _____ &
_____ agree to learn together how God wants us
to use our emotions. We (your signatures) _____ &
_____ agree to ask the Holy Spirit to guide us when
we are in those emotions by taking time to say a quick prayer
before reacting to situations.

Prayer: Dear Heavenly Father show us how to use the emotions
You have given us to glorify You. Thank You Lord for making
us women and designing us to be guided by our emotions and
intuitions. Amen.

Understanding your Emotions

A person without self-control is like a city with broken-down walls.

Proverbs 25:28 NLT

I think this topic is best discussed if we dive into this area by looking at the different stages of emotional development. First for the teens, and then, Mom, let's look into where we are at.

When you are drawing up your list of life's miracles, you might place near the top the first moment your baby smiles at you ...Today, she looked right at me. And she smiled ...Her toothless mouth opened, and she scrunched her face up and it really was a grin ...The sleepless nights, the worries, the crying—all of a sudden it was all worth it.

Around eighteen months of age, toddlers develop a more sophisticated sense of self that is marked by self-recognition and the emergence of self-conscious emotions, such as shame, pride, and embarrassment. Michael Lewis developed a poignant method to study this development. A toddler is placed in front of a mirror and then the parent wipes some rouge on the child's nose before moving the child back to the mirror. Although children under eighteen months are unlikely to show signs of embarrassment at the rouge on their nose, children between eighteen and twenty-four months do. Self-recognition makes possible a more sophisticated understanding of the self and brings about new levels of emotional development.

Adolescents experience rapid rates of growth and maturation of the reproductive organs and glands. Together, these physical changes accomplish the biological task of transforming a child into an adult. Rapid change combined with wide variation among individuals tends to make adolescents extremely sensitive to their appearance. At no other time in life are feelings about the self (self-esteem) so closely tied to feelings about the body (body image). These physical changes also affect their social relations and emotions. That is why a pimple or, being ahead, or behind a classmate in physical growth, can be so stressful to the teen's emotions.

Probably enough facts; let's not get boring. I think the most important point here is to know your daughter is going through so many physical